

Gift of the Holy Spirit

Person in your life
who most represents
this gift to you.

Why?

Wisdom – We do not always have a clear idea of the details of God’s plan for us. We exercise the gift of Wisdom by being attentive, through prayer and the experiences of life, to the guidance of the Holy Spirit.

Understanding – We develop the gift of understanding by trying to see others through the eyes of Christ. This is not easy to do. It demands compassion, patience, and generosity.

Right Judgment – There are choices and decisions in life that require serious attention, reflection, and prayer. These three qualities are essential to the gift of right judgment.

Courage – Christ’s message so often goes against the prevailing values of our world. To live and proclaim the gospel is to risk contempt and ridicule. It does take the Spirit’s gift of courage.

Knowledge – We cannot proclaim what we do not know. The gift of knowledge urges us to exercise our mind and will to learn God’s plan for us and for the world.

Reverence – Belief in God’s presence to all creation draws us into reverence – the gift that helps us find the sacred in all things

Wonder and Awe – Through the gift of wonder and awe, we recognize and rejoice in God’s glory – His presence and love – filling all creation

Choosing a Sponsor

The Role of the Sponsor

The most important role of the sponsor is to walk with you and guide you as you prepare to receive the fullness of the Holy Spirit in this Sacrament of Initiation. Confirmation sponsors are like spiritual coaches or mentors. They affirm your strengths and point out ways you can grow and become better in the practice of your faith. They share your faith journey. A Confirmation sponsor participates in your preparation and presents you to the (arch)bishop during the celebration of the Sacrament of Confirmation.

Your sponsor

- Will attend some of the catechetical sessions with you
- Participate in the service projects with you
- Spend time with you doing some of the assignments and/or projects, which guide you both in sharing how the teachings and practices of the Church relate to your life.

How to Choose a Sponsor

Choosing a sponsor for Confirmation is an important task. You may choose one of your godparents, or you may choose another person. When you think about choosing a Confirmation sponsor think about choosing someone who is an *active, practicing Catholic; someone who is enthusiastic about the Catholic faith; and someone who is easy to talk to and be around.*

Here are some suggestions to help you as you make your choice:

- Think about the qualities you want your sponsor to have.
- Think about the people who are good examples for you.
- Ask yourself if one of your godparents would be a good sponsor.
- Talk with your parents, other family members, or your catechist about who would be a good choice.
- Remember sponsors must:
 1. Be designated by the person being confirmed
 2. Be at least sixteen years of age
 3. Be a Baptized Catholic who has been confirmed and has already received the Sacrament of the Eucharist
 4. Cannot be bound by any canonical penalty
 5. Cannot be the father or mother of the one being confirmed
- Pray to the Holy Spirit to guide your decision making.
- Talk with the person you select and explain why you chose him or her, and what his or her responsibilities will be.



St. Andrew the Apostle

3101 Eton Street, New Orleans, LA 70131, (504) 393-2334

Sponsor Form

Candidate's Name _____

Sponsor Information

Sponsor's Name _____

Address _____

City, State, Zip _____

Phone _____

Email Address _____

Church Parish _____

Church Address _____

Circle One

Yes No Is your sponsor a practicing Catholic (attending Mass & actively participating in the sacramental life of the Catholic Church)?

Yes No Is your sponsor 16 years of age or older?

Yes No Is your sponsor a CONFIRMED Catholic?

Choosing a Name

Those to be confirmed are to choose a separate Confirmation name.

Importance of Names

Your parents probably spent many hours thinking about what they would name you months before you were born. Your name may have been chosen to honor a relative or a saint who is revered by your family or culture.

A Confirmation Name

Taking a new name at Confirmation can be symbolic of a new or deeper stage in your faith life. There are several Scripture stories of people whose names changed after they experienced a conversion: Abram to Abraham; Jacob to Israel, Simon to Peter, and Saul to Paul. You may use the internet to research the life of a holy person, a saint or someone currently being considered for canonization. Look for someone who inspires you to show special care for others as they did. Write a brief biography using your own words (NO plagiarism please!) on the form provided. Please read and follow the directions on that form. Below is a list of suggested names. However, you are not required to choose someone from this list.

Put your heart and best effort into this assignment, and I know you will reap a great benefit and blessing from getting to know one of these “holy heroes”.

Saint Joan Delanoue
Saint Frances of Rome
Saint Maria Venegas
Venerable Catherine McAuley
Venerable Pierre Toussaint
Venerable Solanus Casey
Saint Marguerite d'Youville
Saint Robert Bellarmine
Saint Katherine Drexel
Mother Henriette Delille

Blessed Pier Giorgio Frassati
Saint Bridget of Sweden
Saint Vincent Pallotti
Saint Camillus
Blessed Edmund Rice
Blessed Frances Schervier
Blessed Giuseppina Bonino
Saint Jeanne Jugan
Blessed Francis Xavier Seelos

Patron Saint's Name

The Saint I look up and the name I choose for my Confirmation Name is:

This Saint was Born: (Date) _____

In the Country of: (Where) _____

Died: _____

Date Canonized: _____

Feast Day: _____

Patron Saint of:



3 Interesting Facts about my Saint are:

Fact 1:

Fact 2:

Fact 3:

I chose this Saint because:

Confirmation Name

Name of confirmation candidate

Chosen confirmation name

Choose a saint whose life was a concrete example of care for others.
Write a short biography that includes examples from the saint's life which illustrate his/her care and compassion.

Briefly explain how you will imitate the life of the saint you have chosen.